WELCOME!

INTRODUCTION TO ANTI-DOPING

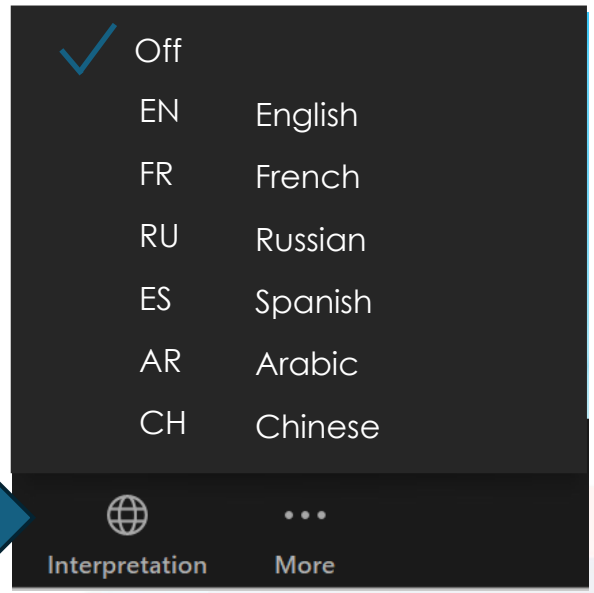
- Athletes' Rights and Responsibilities
- Anti-Doping Rule Violations
- Consequences of Doping
- Proactive Reporting

WEBINAR 1

LANGUAGE OPTIONS

Simultaneous interpretation

- Traducción simultánea en español
- Traduction simultanée en français
- Синхронный перевод на русский
- ترجمة فورية إلى العربية
- 同步翻译成中文



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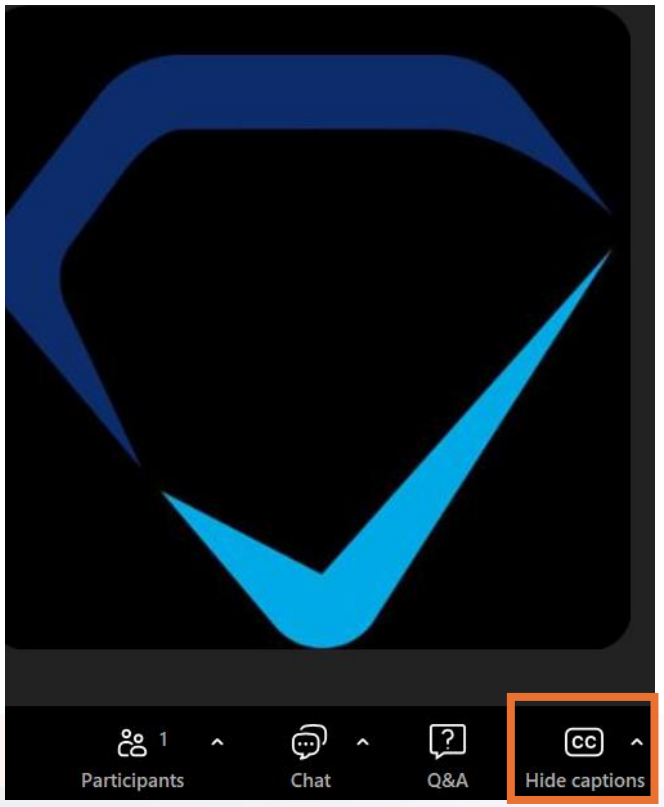

ITA
KEEPING SPORT REAL

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FAIRNESS
RESPECT
INTEGRITY

CHAT

Q&A
QUESTIONS AND ANSWERS

INTERNATIONAL TESTING AGENCY (ITA)

- Independent international organisation that offers anti-doping services to International Federations (IFs), Major Event Organisers (MEOs), and other organisations.
- The ITA implements anti-doping programs for IFs, MEOs and other organisations requesting support.
- Manages various aspects of the anti-doping program (testing, results management, intelligence and investigations, education, etc.).

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WEBINAR SERIES

CALENDAR

ITA
KEEPING SPORT REAL

from
14:00 to
15:00
CEST

9 Apr

INTRODUCTION TO ANTI-DOPING

16 Apr

THE PROHIBITED LIST, MEDICATIONS, TUES, AND SUPPLEMENTS

23 Apr

TESTING

العربية I ENGLISH I ESPAÑOL I FRANÇAIS I РУССКИЙ I 普通话

PARTICIPATION CERTIFICATES

ITA
KEEPING SPORT REAL

CERTIFICATE

This certificate is awarded to

for attending the
International Testing Agency Clean Sport Education Course for International Federations.

Benjamin Cohen
ITA Director General

June 2025

#KeepingSportReal

BY THE END OF TODAY'S SESSION, YOU SHOULD…

- ✓ Understand Athletes' anti-doping rights and responsibilities.
- ✓ Understand the principle of Strict Liability.
- ✓ Understand the 11 anti-doping rule violations (ADRVs), why they exist and whom they apply to.
- ✓ Know the consequences of doping.
- ✓ Understand the role and importance of proactive reporting.
- ✓ Know where to go for more information and who to ask for help.

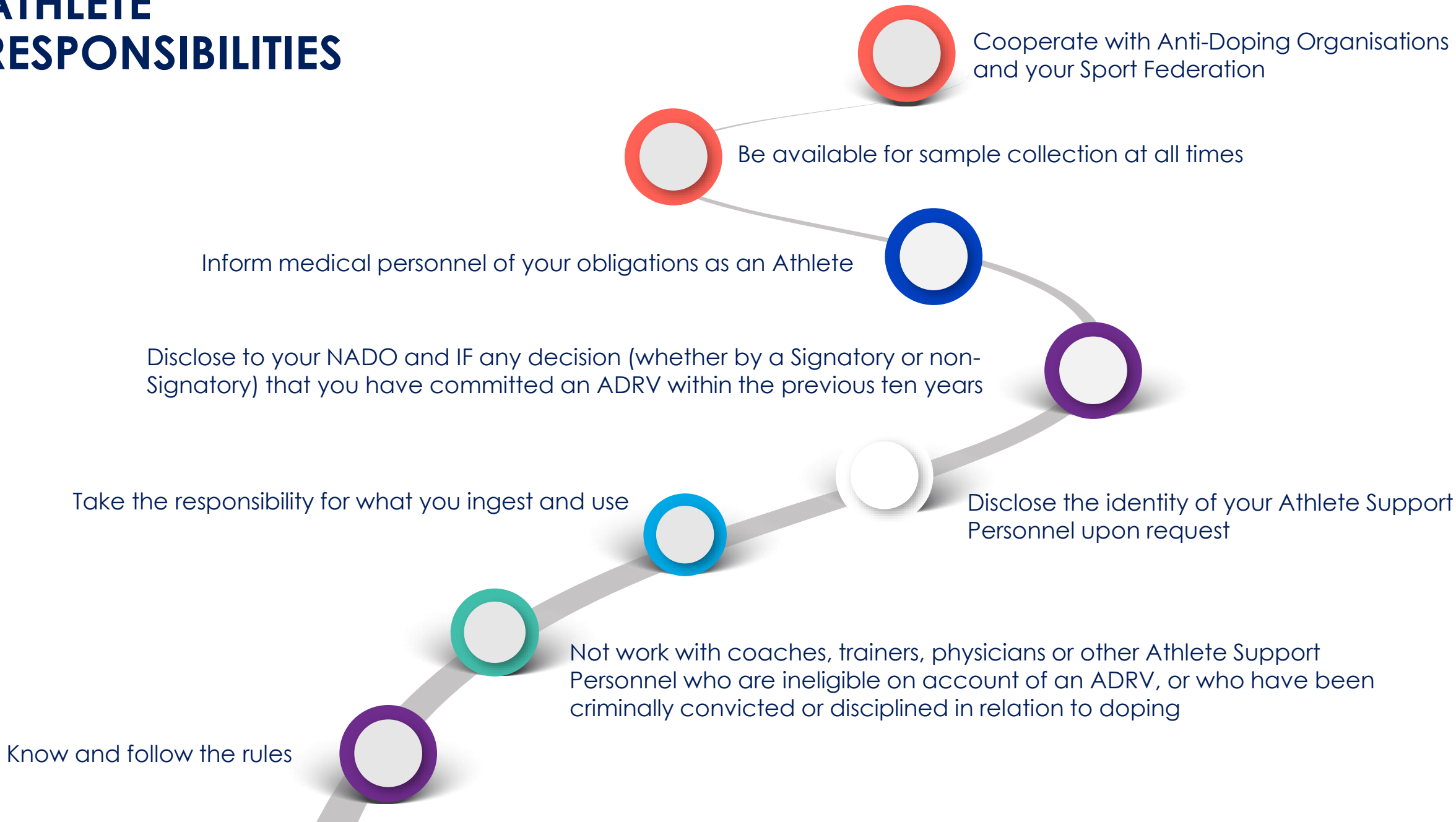
ATHLETES' ANTI-DOPING RIGHTS AND RESPONSIBILITIES

ATHLETES ANTI-DOPING RIGHTS ACT

1. Equality of **opportunity**
2. Equitable and **fair testing programs**
3. Medical treatment and protection of **health rights**
4. Right to **justice**
5. Right to **accountability**
6. **Whistleblower** rights
7. Right to **Education**
8. Right to **data protection**
9. Right to **compensation**
10. **Protected persons** rights
11. Rights during **sample collection**
12. Right to **B sample analysis**
13. **Other rights** and freedoms not affected
14. **Application and standing**

Need advice? The Athletes' Anti-Doping Ombuds is a free, neutral, and confidential resource for Athletes with questions or concerns about anti-doping issues

ATHLETE RESPONSIBILITIES



STRICT LIABILITY PRINCIPLE

The Athlete is solely responsible for everything they use and that is found in their body, regardless of whether there was an intention to cheat or not or if the athlete is at fault.

ANTI-DOPING RULE VIOLATIONS (ADRVs)

POLL QUESTION

HOW MANY ANTI-DOPING RULE VIOLATIONS ARE THERE?

- ❑ 1
- ❑ 5
- ❑ 7
- ❑ 11

11 ADRVs

1. Presence of a prohibited substance in Athlete's sample.

2. Use or attempted use of a prohibited substance or method.

3. Evading, refusing or failing to submit to sample collection.

4. Whereabouts Failures by an athlete in a Registered Testing Pool.

5. Tampering or attempted tampering with any part of doping control.

6. Possession of a prohibited substance or method.

7. Trafficking or attempted trafficking in any prohibited substance or method.

8. Administration or attempted administration of a prohibited substance or method.

9. Complicity or attempted complicity in an ADRV.

10. Prohibited association by an athlete or other person.

11. Acts by an athlete or other person to **discourage or retaliate** against reporting to authorities.

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DECISION-MAKING

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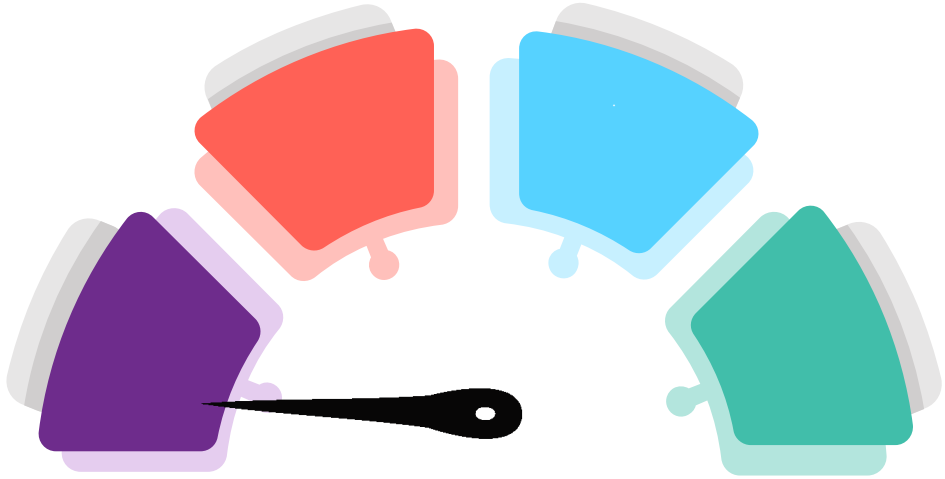
Doping is not straightforward

Rarely is the decision clear and easy for an athlete

Decisions and behaviours are influenced by an Athlete's environment

Decision-making scenarios are complex and related to vulnerability moments

Vulnerabilities can lead to justifying doping behaviors



YULIA STEPANOVA

International level runner

TYLER HAMILTON

Former professional cyclist

COURTESY OF THE U.S. ANTI-DOPING AGENCY

VIDEO: DECISION-MAKING

VIDEO: DECISION-MAKING

CONSEQUENCES

SOCIAL
PUBLIC CONTEMPT
BAN FROM ALL SPORT
PERSONAL
END OF CAREER
MENTAL HEALTH
FINANCIAL PENALTIES
LOSS OF MEDALS
SANCTIONS
ADRV PUBLICATION
ECONOMIC LOSS
PHYSICAL HEALTH
LONG-TERM EFFECTS
DISQUALIFICATION

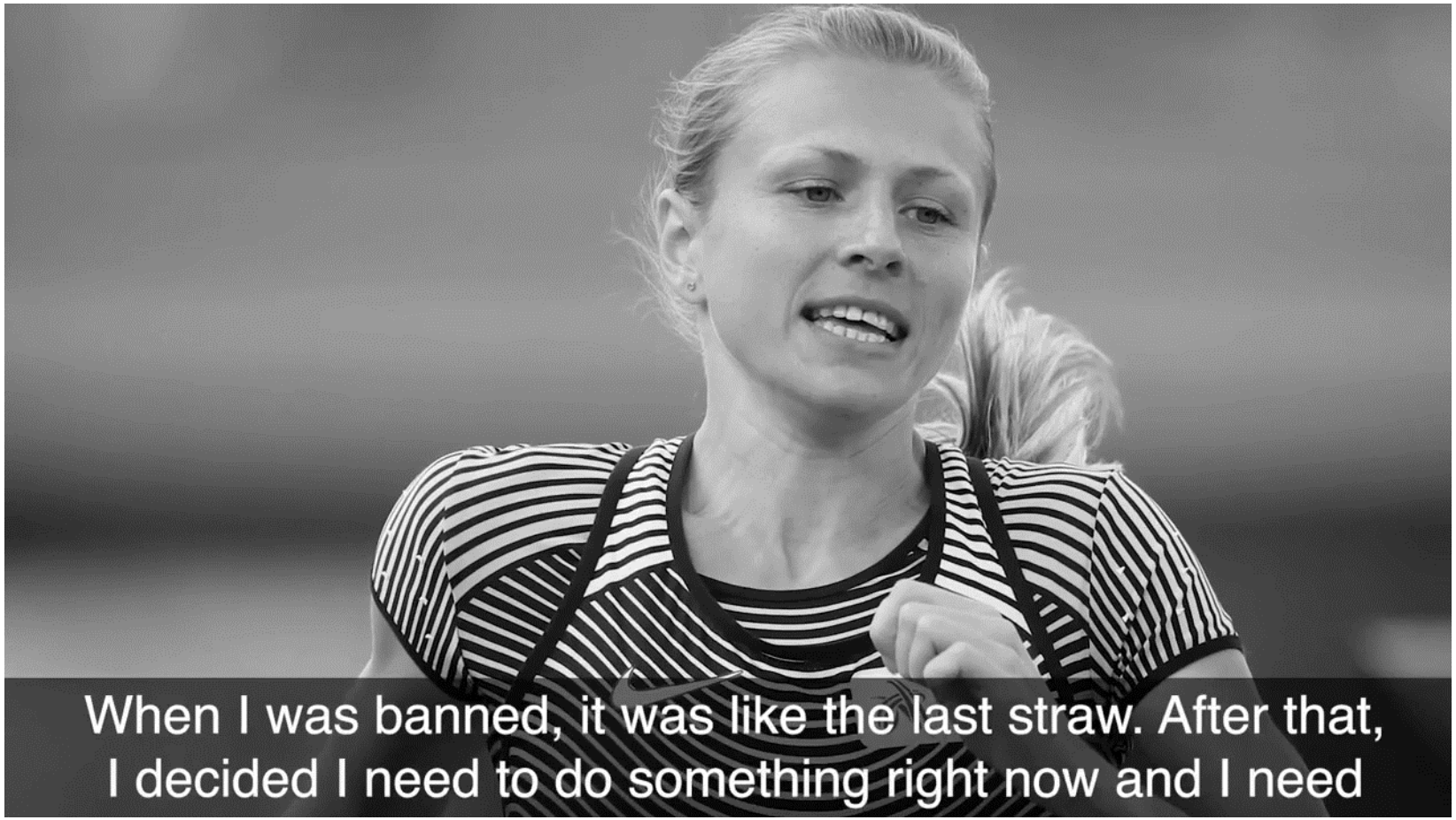
SANCTIONS FOR AN ADRV

- **Disqualification**:
  - An Athlete's competition results can be disqualified.
  - If results are disqualified, medals, prizes and points will be returned.
- **Ineligibility**:
  - The Athlete or other person cannot participate in competition, sport-related activity in any capacity or receive funding for the duration of the sanction, which can be up to a lifetime.
- **Provisional Suspension**:
  - From notification of an ADRV, the Athlete or other person cannot compete or engage in sport-related activities until a final decision on consequences is made.
- **Financial Consequences**:
  - This may include fines and recovery of costs associated with the ADRV.
- **Public Disclosure**:
  - Information about the ADRV is made public, except for minors (under 18) or in exceptional circumstances.
- **Team Consequences**:
  - Teams may also face consequences as outlined in their sports anti-doping rules.

VIDEO: PHYSICAL HEALTH CONSEQUENCES

VIDEO: MENTAL HEALTH CONSEQUENCES

VIDEO: LONG-TERM EFFECTS



EFFECTS ON FAMILY

"My child had just obtained a scholarship to study abroad and [could] lose everything. They were stigmatized by other athletes and other parents who spread rumors about them saying that they must have been doping for years and that I [as the parent] was responsible."

"My child phoned me to tell me they had tested positive. I was on the street when I heard the news. I started to cry. I [have] lost members of my family but when I compare that experience to this, I can say that the moment I learned the news about my child's positive doping test [it] was the worst moment of my life."

VIDEO: FACING THE TRUTH

PROACTIVE REPORTING

WHO
CAN REPORT?

Anyone within the sport community can report anything they see, hear, know or suspect.

WHAT
CAN I REPORT?

Something from the past, something happening now, or something someone intends to do in the future.

About Athletes, coaches, team doctors, physios, or otherwise athlete support persons, administrators or parents of athletes and entourage.

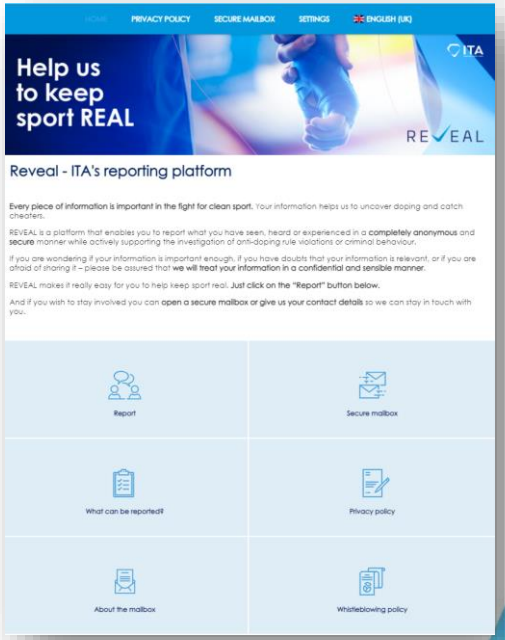
All information is important, no matter how big or small.

HOW CAN I REPORT?

- ITA's secure reporting platforms can be used to report what you have **seen, heard or experienced** in a secure, confidential and anonymous manner.
- Option to **open a mailbox** and/or provide contact details for further exchanges.
- **Every piece of information is important** – no matter how small.
- Reports can be submitted in **any language.**

WWW.REVEAL.SPORT

REVEAL



REVEAL

- ✓ Use our web-based reporting platform
- ✓ Send us an anonymous WhatsApp message **+41 79 807 85 18**
- ✓ Send us an anonymous email

WHAT HAPPENS WHEN I REPORT?

- ✓ The ITA's priority is **always to protect the identity of any Proactive Reporter.**
- ✓ We would rather sacrifice "making cases" than risk exposing anyone who put their trust in us at the ITA by Proactively Reporting their concerns.
- ✓ The I&I team at the ITA behind REVEAL are **trained and experienced in managing confidential information** and Proactive Reporters.
- ✓ Information obtained is reviewed against other information, assessed for potential impact and actioned accordingly.
- ✓ Actions are taken if concerns and allegations are substantiated.

IN SUMMARY…

- ✓ **Athletes have rights and responsibilities** in anti-doping.
- ✓ **All 11 Anti-Doping Rule Violations (ADRVs) apply to Athletes** and **7 of them apply to Athlete Support Personnel and other members of the sport community**.
- ✓ There are **many consequences of doping**.
- ✓ **Proactive reporting is key for clean sport** – you can report anything you see, hear know or suspect confidentially and anonymously, if you wish.

Q&A

RESOURCES

Athletes' Rights and Responsibilities

Athletes' Anti-Doping Rights Act

Athletes' Anti-Doping Ombuds

Anti-Doping Rule Violations

The World Anti-Doping Code

ITA Monthly webinar - Ask the Expert: The Anti-Doping Rule Violations

Consequences of doping

Effects of performance enhancing drugs with Tyler Hamilton

Effects of performance enhancing drugs with Yulia Stepanova

Proactive reporting

ITA Reveal

ITA Reveal quick guide

ITA Monthly webinar - Ask the Expert: Intelligence & Investigations

ITA Monthly webinar - Proactive Reporting: your questions answered

WADA Speak Up

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MORE QUESTIONS?

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